



ROOTS

RESTAURANT • BAR • EVENTS

STARTERS

Puff Puff (v)	£3.95
Soup of the Day	£4.95
Barbecue Pit Ribs	£4.95
Jerky Wings With sweet onion and ginger chutney	£4.95
Chilli Garlic Prawns King prawns served with garlic butter sauce	£5.95
Gizzard and Plantain Chicken gizzard cooked with plantain in a rich tomato sauce	£5.95
Herby Chicken Served with yogurt, cucumber and mint dip	£5.95
Beef Suya Slow roast beef bites, red onion, tomato and yoghurt dip	£5.95
Peppered Goat Bite sized pieces of goat marinated in a hot spicy sauce	£5.95
Chicken Liver Pate laced with Whisky Served with grilled brioche and caramelised onion	£5.95
Garlic Mushrooms (v)	£4.95
Tomato, Mozzarella & Basil Bruschetta (v)	£4.95
Sardine, Roast Peppers and Basil Bruschetta	£5.95

SAUCES

£2.50

Peppercorn
Garlic

SIDES

£2.50

- chunky Chips / Jellof Rice
- Fried Plantain
- Sweet Potato fries / Dumplin
- Mash -Garlic / Sweet / mustard
- Homemade Slaw / House Salad
- creamy cobbage and bacon

MAINS

ask your server about our daily specials

Safari Beef Served with jellof rice, and homemade slaw	£8.99
Mama's Curry Goat Marinated goat, slow cooked on# the bone with potatoes, carrots, served with rice and peas, sweet onion chutney and flatbread	£9.50
Jam-Jam Curry Chicken With ginger, garlic, mango and coconut, served with rice and peas	£9.50
King Prawn Coconut Curry Ginger, garlic, coconut, coriander, served with rice and peas	£12.50
Seafood Fried Rice Served with fried fish and homemade slaw	£8.99
Sea Bass Pan fried and served with crushed potatoes, roasted tomatoes, olives, basil and fresh lemon	£14.99
Escovitch Fish Whole Bream fish drenched with peppers, onions, carrot and scotch bonnet sauce, served with rice and homemade slaw	£9.50
Jerky Chicken Leg and Thigh Grilled marinated chicken served with water melon and rice	£9.50
Boerewors Sausage served with creamy mash and chakalaka	£9.50
Roots Vegetable Curry (v) Seasonal roots cooked with spices and herbs, Served with cous cous	£8.99
Three cobbage medley (v) Served with rice and plantain	£8.99

STEAKS

All steaks are cooked to your preference and served with creamy cobbage, salad garnish and your choice of mash

10 oz Sirloin	£14.99
10 oz. Ribeye	£16.99
16 oz. T-Bone	£19.99

KIDS MEALS

£7.99

with either coleslaw or Salad plus drink and ice cream

- Jerk chicken wings & fries
- Safari Beef Stew with Jellof Rice
- Barbecue Pit Ribs with Mash

AUTHENTIC AFRICAN

If you have a sense of adventure and a love of spices why not sample some extra authentic African cuisine?

Assorted Meat	
Pepper Soup Goat, tripe and cow foot in a spicy broth	£6.99
Tilapia Fish Pepper Soup Fresh cuts of Tilapia cooked in a basil infused pepper broth	£8.99
Nkwobi Diced cuts of cow foot cooked in a hot and spicy sauce	£10.00
Isiewu	£13.00
Jellof with beef, chicken or fish £8.99 Cooked in a tomato, pepper and onion rich stew	£8.99
Fried Rice with beef, chicken or fish £8.99 Pan fried with assorted seafood, ginger, garlic and African curry	£8.99
Ayamashe (Designer Rice) Made with Green peppers, onions, and assorted meats	£9.50
Fried Yam Omelette Omelette the African way---with anything you fancy in yours	£9.95
Stewed Beans with Plantain	£8.99
Egusi, Meat or Fish. Dough Ground melon seed, peppers, onions, green leaves and crayfish	£8.99
Eforiro. Meat or Fish Dough Fresh spinach, tomatoes, peppers and dried fish fillets	£9.50
Afang Super Afang leaves, palm oil, peppers and fish fillets	£9.50
Okra. Meat or Fish. Dough Chopped okra, peppers, palm oil, pumpkin leaves and crayfish	£9.50
Grilled Fish with Plantain Regular £15.00 Large £20.00 Grilled whole Croaker (Head on), fresh peppers, onions and hot sauce	
Plantain (Dodo)	£1.99
Dough Choose from pounded Yam or Gari	£1.99
Beef, Fish (Hake) or Chicken	£1.50
DESSERTS	£4.95
-Barbecue pineapple Served with a rum sauce and coconut ice cream	
-Sticky Toffee Pudding Served with warm custard	
-Banana Cake With ice cream	
-Rum Cake With vanilla ice cream	
-Ice Cream Sundae	
-Liqueur Coffees	